

## MEET A SHIPMATE: Cdr. Chris L'Amie



Chris joined the Royal Navy in 2001 and has served in a variety of ships, enjoying a broad range of operational assignments including: counter smuggling, embargo operations and security operations in the Middle East,

Northern Ireland and Caribbean, MCM Operations, ASW tactical development and Fishery Protection in UK waters.

Following appointments as a small ship navigator, bridge watchkeeping officer and First Lieutenant of a RCOPV, he had a short period ashore as EA/COORD to the Assistant Chief of Staff (Surface Ships and Submarines) in the Navy Command Headquarters.

Chris was selected for Command in 2009, as the first Commanding Officer of TS JACK PETCHEY, during which time he brought the Ship out of build along with training and mentoring over 200 cadets at sea.

Whilst on Principal Warfare Officer's course, Chris was promoted to Lieutenant Commander before serving as the Operations Officer of the Type 23 Frigate HMS IRON DUKE during the first of class Radar 997 trials and acceptance, following which IRON DUKE was awarded a Fleet Efficiency Prize as the most proficient AWW platform.

After graduating as the top student of his Advanced Anti Submarine Warfare Course, Chris joined the UK Maritime Battle Staff. He was the staff ASW Officer advising on operational level underwater warfare and task force ASW for the UK's Very High Readiness 2\* headquarters generating for the NATO Response Force. During his time at COMUKMARFOR Chris served afloat as the UK Liaison Officer to the Italian Navy for the migrant crisis off Libya (OP WEALD). Following OP WEALD, Chris was the Deputy Current Operations Officer to a multi national staff in the Italian Flagship ITS CAVOUR during the establishment of the EU Mission to improve security in the Mediterranean and North Africa.

Selected to be Executive Officer of HMS WESTMINSTER he joined as Senior Naval Officer in January 2016 whilst the Ship was regenerating.

His education includes an honours degree in Politics and the Intermediate Command and Staff Course. Chris lives in Hampshire with his wife, Kate and has two young children Ralph and Alice. He is a keen skier and enjoys running and cycling.